



**IFA WORLD ARMWRESTLING
CHAMPIONSHIPS**
26 October – 01 November 2025,
Baku, Azerbaijan



INVITATION TO IFA WORLD ARMWRESTLING CHAMPIONSHIPS

26 October – 01 November 2025, Baku, Azerbaijan

International Federation of Armwrestling (IFA), Azerbaijan Federation of Bodybuilding and Fitness proudly invite you to the 2025 IFA World Armwrestling Championships. It will be open to the Federations that have joined, and to all individual members from countries without National Federation – member of IFA. The Championships will be doping controlled, and all divisions of junior, masters, seniors and disabled will be added. There will be no limit to number of athletes allowed from one nation in one category. National federations that have joined will be the only entity allowed to register athletes from their nation. Individual membership is only possible from nations lacking a National Federation – member of IFA.

ORGANIZER'S COMMITTEE:



Azerbaijan Federation of Bodybuilding and Fitness
Nizami str. 164 B, AZ1010 Baku, Azerbaijan
Phone: +994 12 511 65 33
e-mail: azfbf@gmail.com



International Federation of Armwrestling
Hegibachstrasse 47
8032 Zurich, Switzerland
contac@ifa-armwrestling.com





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26 October – 01 November 2025,
Baku, Azerbaijan



IMPORTANT DEADLINES:

Start of an ONLINE REGISTRATION	01-09-2025
VISA applications: jamil.bunyataliyev@gmail.com	
Hotel & transportation reservations: bakhtiyaribrahimli@gmail.com , sbabayev757@gmail.com	
End of an ONLINE REGISTRATION	10-10-2025

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SCHEDULE OF THE CHAMPIONSHIPS:

SUNDAY

26.10.2025

Teams arrival (all day)

MONDAY

27.10.2025 (Golden Coast Hotel)

09:00 a.m

- Team registration and weigh in all Junior up 15, 18, 21, Masters, Grand Masters, Senior Grand Masters, Ultra Grand Masters
(For more details check section Registration and Weigh in procedure)

10:00 a.m.

- Referee seminar (At the VENUE)

05:00 p.m.

- IFA Congress meeting (Golden Coast Hotel)

TUESDAY

28.10.2025 (At the VENUE)

09:00 a.m

- Opening ceremony - teams presentation

- **LEFT HAND - all Junior and Master classes**

(Detailed time schedule will be published after Weigh in)

03:00 pm

- Finals & Awards & Doping control

WEDNESDAY

29.10.2025 (At the VENUE)

09:00 a.m

- **RIGHT HAND - all Junior and Master classes**

(Detailed time schedule will be published after Weigh in)

09:00 a.m

- Weigh in all Senior and Disabled classes

For more details check section Registration & Weigh in procedure

Beginning of Break-Weigh-ins for the athletes competing in

BOTH JR./Masters &SR/Disabled

03:00 pm

- Finals & Awards & Doping control

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THURSDAY

30.10.2025 (At the VENUE)

09:00 a.m

- **LEFT HAND - all Senior and Disabled classes**

(Detailed time schedule will be published after Weigh in)

03:00 pm

- Finals & Awards & Doping control

FRIDAY

31.10.2025 (At the VENUE)

09:00 a.m

- **RIGHT HAND - all Senior and Disabled classes**

(Detailed time schedule will be published after Weigh in)

03:00 pm

- Finals & Awards & Doping control

SATURDAY

01.11.2025

Teams departure (all day)

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WEIGHT and AGE CLASSES:

JUNIOR UP 15 (Born 2010 or later):

Boys: - 57, 63, 78, +78 kg

Girls: - 55, 63, +63 kg

JUNIOR UP 18 (Born 2009 – 2007):

Boys: - 63, 70, 78, 86, +86 kg

Girls: - 63, 70, +70 kg

JUNIOR UP 21 (Born 2006 – 2004):

Men: - 63, 70, 78, 86, 95, +95 kg

Women: - 63, 70, +70 kg

SENIORS:

Men: -57, 63, 70, 78, 86, 95, 105, +105 kg

Women: - 52, 57, 63, 70, 78, +78 kg

MASTERS (Born 1985 – 1976):

Men: - 70, 78, 86, 95, 105, +105 kg

Women: - 63, 78, +78 kg

GRAND MASTERS (Born 1975 – 1966):

Men: - 70, 78, 86, 95, 105, +105 kg

Women: - 70, +70 kg

SENIOR GRAND MASTERS (Born 1965 – 1956):

Men: - 70, 78, 86, 95, 105, +105 kg

ULTRA GRAND MASTERS (Born 1955 and sooner):

Men: - 78, +78 kg

DISABLED CLASSES

Physical Impairment Standing:

Men: - 65, 80, 95, +95 kg

Women: - 60, 65, +65 kg

Physical Impairment Sitting:

Men: - 55, 70, 86, +86 kg

Women: - 60, +60 kg

Junior 23

Physical Impairment Standing:

Men: - Open

Women: - Open

Junior 23

Physical Impairment Sitting:

Men: - Open

Women: - Open

Visual Standing:

Men: - 86, +86 kg

Women: - Open

Hearing Standing:

Men: - 70, 95, +95 kg

Women: - Open

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AWARDS:

INDIVIDUAL CLASSES:

1st, 2nd, 3rd places medal and diploma for all classes

TEAMS:

1st, 2nd, 3rd places medal and diploma for following classes:

- **ALL Junior** left and right hand classes men and women U15, U18, U21
- **ALL Senior** left and right hand classes men and women
- **ALL Masters** left and right hand classes men and women (Except UltraGM)
- **ALL Disabled** left and right hand classes men and women
- **ALL CLASSES** Junior, Senior, Masters, Disabled left and right hand, men and women

TEAM CLASSIFICATION AND POINTS DISTRIBUTION:

According to IOC rules, team classification is based on gold, silver and bronze medals won by the team. **Points are not awarded for Ultra Grand Masters.**

If two teams have the same number of gold, silver or bronze medals (depends on place), the following point system will be used:

1st place – 10 points

2nd place – 7 points

3rd place – 5 points

4th place – 4 points

5th place – 3 points

6th place – 2 points

7th place – 1 point

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REGISTRATION AND WEIGH IN PROCEDURE:

Registration will be available online at a later date. Please email IFA for more information
There are two ways of registrations – TEAMS and INDIVIDUALS

TEAM REGISTRATION:

Whole team must be registered by the team's responsible official.

LINK: <https://armwrestling.com.pl/auth/sign-in>

LOGIN: your email address used the IFA application form

PASSWORD: your password, if you do not remember it, please use "forgot password" button

Note! REGISTRATION is OPEN from 01-09-2025 till 10.10.2025 midnight CET. After successful login:

1. USER clicks "SHOW" button close to the championship name
2. USER clicks ADD COMPETITOR and fill the form (with weight classes)
3. USER repeats 3.till the end of the group.
4. NOTE: please register REFEREE too -it is same way like add a weight class

Team registration can be entered and changed several times until it is closed and sent.

Once registration is completed please send an email to

marian.capla@armsportfederation.com

Then a payment notice will be issued and you may pay your duties via bank,
Paypal or other online service.

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INDIVIDUAL REGISTRATION:

For athletes from countries with no official member federation an INDIVIDUAL REGISTRATION must be emailed to Marian Capla. They cannot register online. Please send email to marian.capla@armsportfederation.com with following details:

Name:

Surname:

Country:

Age group:

Weight classes:

Left/right hand: choose one or both hands

MULTIPLE ENTRIES REGISTRATION:

U15 athletes can not register in U18 and U21 classes.

U18 can not register in U21 classes.

U18 and U21 and Masters can register in Senior classes.

Masters and Juniors can only enter one age division.

Disabled athletes can register in any class if the Classification Panel approve it.

FEES:

Junior fee: 20,- EUR / 25,- USD per class per arm

Senior fee: 40,- EUR/ 50,- USD per class per arm

Master fee: 40,- EUR/ 50,- USD per class per arm

Disabled fee: 20,- EUR/ 25,- USD per class per arm

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Multiple entries means multiple fees paid according to the fees structure above.

For competitors with Individual IFA membership, additional membership fee 20,-EUR/25,-USD will be required!

Late registration means doubling the entry fees.

DRESS CODE – Competitors:

Team shirts are the property of national teams. **ALL TEAM JERSEYS MUST BE IDENTICAL IN STYLE AND DESIGN.** National federations may decide what to put on them. IFA requires that the name or logo of the country be placed on the back or front of the shirt. The competitor shirt may also have the National Association logo and country flag on them. The jersey may also have the player's name and surname (usually on the back). Sponsor logos can be placed freely. They cannot cover national country logo or name. LONG Sports Pants are also a requirement, **NO Shorts.**

WEIGH-IN PROCEDURE:

Each of Weigh-in days: starts at 09:00 am

Weigh in order will be published at least two-days prior to teams arrival.

Weigh in order depends on the exact date and time when Registration form is SENT online to the Organization committee.

Team captain has to be present during weigh in to manage his/her team and to be helpful to the weigh in staff.

Each competitor must have passport or ID with picture and country of residence with him/her during the weigh in procedure.

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Weigh-in order DAY 1: Monday, October 27, 2025 – Juniors and Masters

U15, U18, U21 ladies from the lowest to the highest class.

Masters Ladies from the lightest to heaviest classes.

U15, U18, U21 men from the lowest to the highest class.

Masters Men from the lightest to the heaviest classes.

Weigh-in order DAY 2: Wednesday, October 29, 2025 – Senior and Disabled

Disabled ladies from the lowest to the highest class, Senior ladies from the lowest to the highest class, disabled men from the lowest to the highest class, senior men from the lowest to the highest class

Second weigh-ins for the athletes competing in BOTH JR./Masters & SR/Disabled

IMPORTANT NOTE:

Every puller has possibility to make official weigh in two times only.

To check weight a test scales will be provided near the weigh in room.

The second weigh in is possible in between other countries only.

The competitor can compete in his/her weight class or one class higher.

EVENT BADGES:

Every competitor and official is obliged to wear the official event badge all time during the IFA World Championships. Badges will be distributed to Team captains after Weigh-in is completed.

All officials with the team have to be present at Weigh-in to have photo for the badge.

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PLACE OF THE CHAMPIONSHIPS:

Events Hall - Jolly Joker Baku

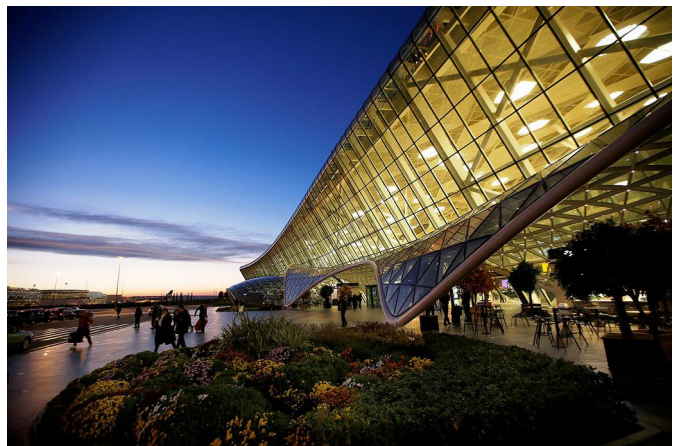
State flag square
AZ1003 Baku, Azerbaijan
www.jollyjoker.az



AIRPORT:

Heydar Aliyev International Airport

Baku, Azerbaijan
IATA: **GYP** / ICAO: **UBBB**



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TRANSFER: AIRPORT-HOTEL-AIRPORT

Transfer from the airport to the hotel will be 15€.
30€ from the airport to the hotel and back per each guest.

Contacts for transportation and hotels:

Bakhtiar Ibrahimli

bakhtiyaribrahimli@gmail.com

Samir Babayev

sbabayev757@gmail.com

VISA PROCEDURE:

For those of you who need an invitation to be able to get a visa please contact by:
e-mail: **jamil.bunyataliyev@gmail.com**

In order to receive the invitation letter, the participants must send to e-mail the following information by: **jamil.bunyataliyev@gmail.com**

- First name / Last name / Date of birth / Passport No / Passport Expiring date
- Copy of passport is necessary for VISA requirements.

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HOTELS AND TRANSPORT INFORMATION:

Golden Coast Hotel

Mikail Useynov Street 14
Baku AZ1003, Azerbaijan
www.goldencoast.az

Reservations:

Bakhtiar Ibrahimli:

bakhtiyaribrahimli@gmail.com

Samir Babayev:

sbabayev757@gmail.com



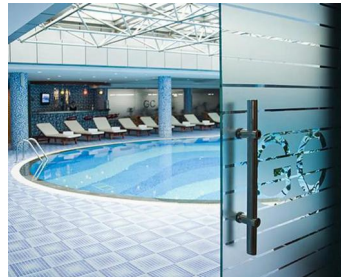
Standard rooms - 80€ / person / day
(two meals a day: breakfast and dinner)

Studio rooms - 100€ / person / day
(two meals a day: breakfast and dinner)

Junior suite rooms - 120€ / person / day
(two meals a day: breakfast and dinner)

Distance to Events Hall - Jolly Joker Baku:
on foot 10 - 15 minutes (about 1 km)

Distance to Heydar Aliyev International Airport:
on car 30 - 40 minutes (about 30 km)



This modern 3-star hotel with views of the Caspian Sea is located in Baku. It features an indoor pool, a fitness center and a spacious spa. Guests can enjoy regional and international specialties at the Golden Coast Hotel's restaurant. In addition, you will enjoy a wide selection of drinks, which you can order at the bar and on the outdoor terrace. The spacious, air-conditioned rooms are decorated in a classic style. They feature a TV with satellite channels, a seating area and a private bathroom with slippers. The spa area includes a sauna, steam room and massage room. The Old Town is 3.5 km from the Golden Coast Hotel, and the National Flag Square is just 550 metres away. Free parking is available on site.

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Sapphire Bayi Hotel

Mikayil Useynov Street 3
Baku AZ1003, Azerbaijan
www.sapphire.az

Reservations:

Bakhtiar Ibrahimli:
bakhtiyaribrahimli@gmail.com
Samir Babayev:
sbabayev757@gmail.com



Standard rooms - 80€ / person / day
(two meals a day: breakfast and dinner)

Studio rooms - 100€ / person / day
(two meals a day: breakfast and dinner)

Junior suite rooms - 120€ / person / day
(two meals a day: breakfast and dinner)



Distance to Events Hall - Jolly Joker Baku:
on foot 10 minutes (about 0,8 km)

Distance to Heydar Aliyev International Airport:
on car 30 - 40 minutes (about 30 km)

Luxury "Sapphire Bayi" hotel is located on the territory of the Sabail district, in the village with a centuries-old history of Bayil. The hallmark of the hotel is an interior that professionally combines European and national styles with pronounced features of restraint, nobility and harmony. Presentable look of "Sapphire Bayi" conquers visitors from the first minutes with aristocratic luxury and simplicity at the same time.

The hotel is suitable both for travelers whose purpose is to visit the sights of Baku, and for business people. At the hotel "Sapphire Bayi", shrouded in an atmosphere of ease, each guest will feel as comfortable as possible!

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Sapphire Marine Hotel

Namiq Guliyev Street 24
Baku AZ1000, Azerbaijan
www.goldencoast.az

Reservations:

Bakhtiar Ibrahimli:

bakhtiyaribrahimli@gmail.com

Samir Babayev:

sbabayev757@gmail.com



Standard rooms - 80€ / person / day

(two meals a day: breakfast and dinner)

Studio rooms - 100€ / person / day

(two meals a day: breakfast and dinner)

Junior suite rooms - 120€ / person / day

(two meals a day: breakfast and dinner)

Distance to Events Hall - Jolly Joker Baku:

on foot about 70 minutes (about 5,6 km)

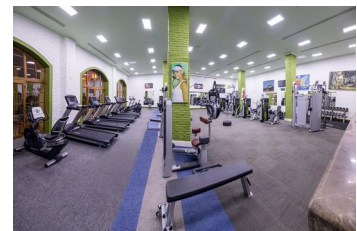
Distance to Events Hall - Jolly Joker Baku:

on car about 10 minutes (about 5,6 km)

Distance to Heydar Aliyev International Airport:

on car 30 - 40 minutes (about 30 km)

“Sapphire Marine” is a luxurious five-star hotel located in the resort village of Shikhov within walking distance from the beach area. Most of the rooms offer a delightful panoramic view of the endless sea, and the presence of balconies with a terrace is an excellent solution for spending cozy evenings, meeting the sunset. The “Sapphire Marine” hotel offers a restaurant, lobby bar, fitness room, meeting room, SPA and swimming pool.



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President, Organizer
Rauf Bunyatliyev
azfbbf@gmail.com



PRESS OFFICE:

Denise Wattles

ifageneralsecretary@gmail.com

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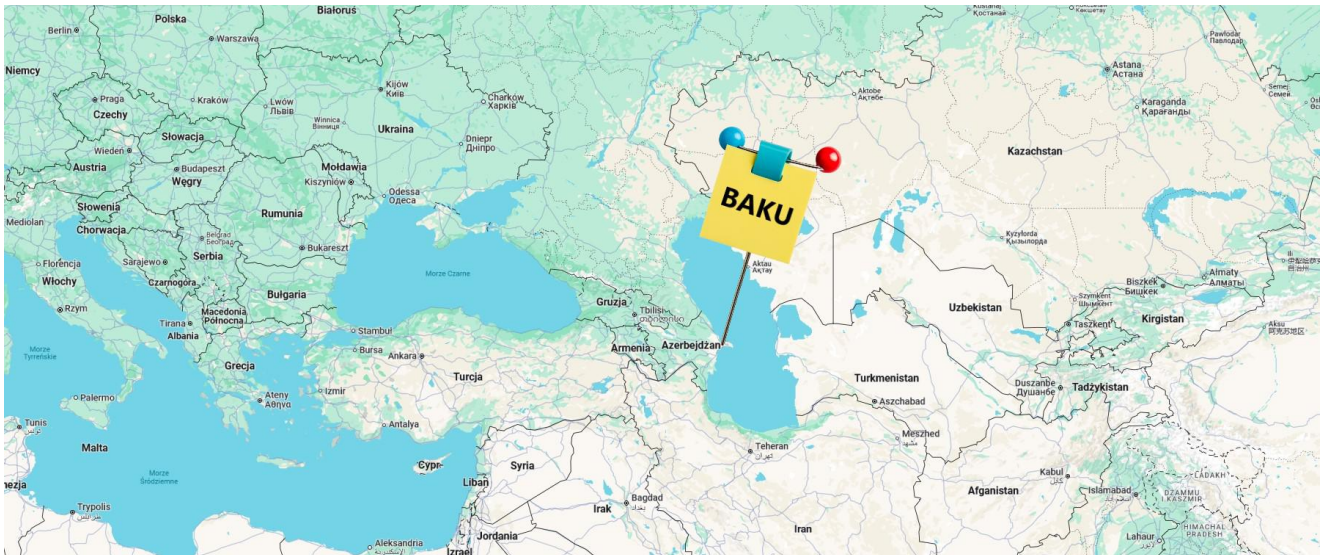


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ABOUT Baku, Azerbaijan



Azerbaijan is a ten-million-strong country located at the crossroads of Europe and Asia, on the shores of the Caspian Sea. It is a land of fire and contrasts, where East meets West and modernity blends with a rich history. The country captivates with the futuristic architecture of its capital, Baku, as well as the picturesque landscapes of the Caucasus Mountains. Known for its oil and gas production, Azerbaijan is also rapidly developing its tourism and technology industries.

In recent years, Azerbaijan has become an important destination on the global sports map. With its modern infrastructure, strategic location, and the warm hospitality of its people, it is an ideal venue for hosting international sporting events.

Baku's international airport, offering connections to numerous countries, ensures easy access for athletes and fans from around the world. High-class hotels, professional services, and a well-developed transportation network make organizing sporting events in Azerbaijan highly convenient and efficient.

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Baku – The Pearl of Azerbaijan on the Caspian Sea

Baku, the capital of Azerbaijan, is a dynamic and modern city that mesmerizes with its contrast between history and futuristic architecture. Located on the shores of the Caspian Sea, it is the largest city in the Caucasus region and one of the most important cultural, economic, and sporting hubs in this part of the world.



Modernity and Tradition

Baku seamlessly blends the oriental charm of the Old City (Icherisheher), a UNESCO World Heritage site, with modern skyscrapers such as the Flame Towers. Walking through the historic streets, visitors can admire landmarks like the Palace of the Shirvanshahs, the Maiden Tower, and bustling bazaars filled with the aromas of spices and local delicacies. On the other hand, the modern district is known for its bold architecture, symbolized by the futuristic Heydar Aliyev Center, designed by Zaha Hadid. The city pulses with life thanks to its numerous art galleries, museums, and major cultural and sporting events.



Baku – A City You Must See

Baku is a city that fascinates at every turn—from the historic streets of the Old City to the vibrant seaside boulevards and the stunning skyscrapers that symbolize Azerbaijan’s modernity. Whether you are a history enthusiast, a culture lover, a sports fan, or an admirer of cutting-edge architecture, Baku has something special for you.

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