

IFA EUROPEAN ARMWRESTLING CHAMPIONSHIPS

13 - 17 JUNE 2024 / JAWORZNO, POLAND



INVITATION

TO IFA EUROPEAN ARMWRESTLING CHAMPIONSHIPS

13 – 17 June 2024, Jaworzno, Poland

International Federation of Armwrestling (IFA), Polish Armwrestling Federation (FAP) and City Jaworzno proudly invite you to the 2024 IFA European Armwrestling Championships. It will be open to the Federations that have joined, and to all individual members from countries without National Federation – member of IFA. The Championships will be doping controlled, and all divisions of junior, masters, seniors and disabled will be added. There will be no limit to number of athletes allowed from one nation in one category. National federations that have joined will be the only entity allowed to register athletes from their nation. Individual membership is only possible from nations lacking a National Federation – member of IFA.

ORGANIZER'S COMMITTEE:



Polish Armwrestling Federation (FAP)
Jaskółcza 15, 81 – 076 Gdynia, Poland
Phone: +48 58 621 93 08
polisharmwrestling@gmail.com



International Federation of Armwrestling (IFA)
Hegibachstrasse 47
8032 Zurich, Switzerland
contact@ifa-armwrestling.com



Miejskie Centrum Kultury
i Sportu w Jaworznie
Krakowska 8
43-600 Jaworzno, Poland



The city
of Jaworzno

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ABOUT POLAND:

Poland is a country situated in Central Europe. It covers more than 312 thousand square kilometers and has a population of over 38 million people. Poland's official language is Polish. The climate is moderate there, which means that summers are usually hot and sunny, winters cold and springs and autumns quite mild.



Poland is a developing country, a member of many international organizations. Poland belongs among others to the European Union, NATO, UN, World Trade Organisation, the Organisation for Economic Cooperation and Development, the European Economic Area, the International Energy Agency, Council of Europe, Organization for Security and Cooperation in Europe, the International Atomic Energy Agency and the G6. Moreover, Poland is one of the Schengen Agreement and the European Space Agency.

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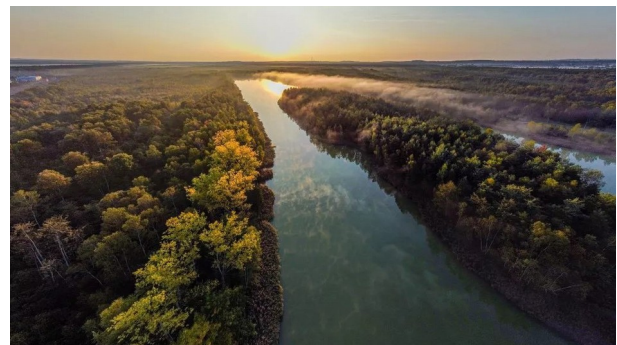
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ABOUT JAWORZNO:



ADVANTAGES OF JAWORZNO:

Jaworzno is one of the greenest cities not only in the voivodeship, but also in the entire country. More than 65 km² (out of 152 km²) of Jaworzno's area (41%) is covered with forests, parks and other wooded areas, which places it in 5th place among Polish cities.



PERFECT LOCATION:

- a city located at the intersection of the A4 motorway and the S1 expressway
- distance from international airports
- about 40 minutes by car to Krakow, 20 minutes to Katowice, 2 hours to Wrocław

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IMPORTANT DEADLINES:

Start of an ONLINE REGISTRATION	01-05-2024
VISA applications (email: anna@mazurenko.pl)	12-05-2024
Hotel and transfer reservations – end:	01-05-2024
End of an ONLINE REGISTRATION	31-05-2024

SCHEDULE OF THE CHAMPIONSHIPS:

THURSDAY, 13.06.2024

Teams arrival (all day)

FRIDAY, 14.06.2024 (At the VENUE)

09:00 a.m - Classification and weigh in all (all categories)

12:00 a.m. - Referee seminar

05:00 p.m. - IFA Congress meeting

SATURDAY, 15.06.2024 (At the VENUE)

09:00 a.m - Opening ceremony - teams presentation

09:30 a.m - Left hand competitions

SUNDAY, 16.06.2024 (At the VENUE)

09:00 a.m - Right hand competitions

MONDAY, 17.06.2024

Teams departure (all day)

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WEIGHT and AGE CLASSES (Left & Right Hand):

JUNIOR UP 15 (Born 2009 or later):

Boys: - 57, 63, 78, +78 kg

Girls: - 55, 63, +63 kg

JUNIOR UP 18 (Born 2008 – 2006):

Boys: - 63, 70, 78, 86, +86 kg

Girls: - 63, 70, +70 kg

JUNIOR UP 21 (Born 2005 – 2003):

Men: - 63, 70, 78, 86, 95, +95 kg

Women: - 63, 70, +70 kg

SENIORS:

Men: -57, 63, 70, 78, 86, 95, 105, +105 kg

Women: - 52, 57, 63, 70, 78, +78 kg

MASTERS (Born 1984 – 1975):

Men: - 70, 78, 86, 95, 105, +105 kg

Women: - 63, 78, +78 kg

GRAND MASTERS (Born 1974 – 1965):

Men: - 70, 78, 86, 95, 105, +105 kg

Women: - 70, +70 kg

SENIOR GRAND MASTERS (Born 1964 – 1955):

Men: - 70, 78, 86, 95, 105, +105 kg

ULTRA GRAND MASTERS (Born 1954 and sooner):

Men: - 78, +78 kg

DISABLED CLASSES

Physical Impairment Standing:

Men: - 65, 80, 95, +95 kg

Women: - 60, 65, +65 kg

Physical Impairment Sitting:

Men: - 55, 70, 86, +86 kg

Women: - 60, +60 kg

Junior 23

Physical Impairment Standing:

Men: - Open kg

Women: - Open kg

Junior 23

Physical Impairment Sitting:

Men: - Open kg

Women: - Open kg

Visual Standing:

Men: - 86, +86 kg

Women: - Open kg

Hearing Standing:

Men: - 70, 95, +95 kg

Women: - Open kg

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TROPHIES:

INDIVIDUAL CLASSES:

1st, 2nd, 3rd places medal and diploma for all classes

TEAMS:

1st, 2nd, 3rd places medal and diploma for following classes:

- **ALL Junior** left and right hand classes men and women U15, U18, U21
- **ALL Senior** left and right hand classes men and women
- **ALL Masters** left and right hand classes men and women (Except UltraGM)
- **ALL Disabled** left and right hand classes men and women
- **ALL CLASSES** Junior, Senior, Masters, Disabled left and right hand, men and women

TEAM CLASSIFICATION AND POINTS DISTRIBUTION:

According IOC rules, team classification is based on gold, silver and bronze medals won by the team. **Points are not awarded for Ultra Grand Masters.**

If two teams have the same number of gold, silver or bronze medals (depends on place), the following point system will be used:

1st place – 10 points

2nd place – 7 points

3rd place – 5 points

4th place – 4 points

5th place – 3 points

6th place – 2 points

7th place – 1 point

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REGISTRATION AND WEIGH IN PROCEDURE:

Registration will be available online at a later date. Please email IFA for more information
There are two ways of registrations – TEAMS and INDIVIDUALS

TEAM REGISTRATION:

Whole team must be registered by the team's responsible official.

LINK: <https://armwrestling.com.pl/auth/sign-in>

LOGIN: your email address used the IFA application form

PASSWORD: your password, if you do not remember it, please use "forgot password" button

Note! REGISTRATION is OPEN from 01.05.2024 till 31.05.2024 after successful login:

1. USER clicks "SHOW" button close to the championship name
2. USER clicks ADD COMPETITOR and fill the form (with weight classes)
3. USER repeats 3.till the end of the group.
4. NOTE: please register REFEREE too -it is same way like add a weight class

Team registration can be entered and changed several times until it is closed and sent.

Once registration is completed please send an email to marian.capla@armsportfederation.com

Then a payment notice will be issued and you may pay your duties via bank,
Paypal or other online service.

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INDIVIDUAL REGISTRATION:

For athletes from countries with no official member federation an INDIVIDUAL REGISTRATION must be emailed to Marian Capla. They cannot register online.

Please send email to marian.capla@armsportfederation.com with following details:

Name:

Surname:

Country:

Age group:

Weight classes:

Left/right hand: choose one or both hands

MULTIPLE ENTRIES REGISTRATION:

U15 athletes can not register in U18 and U21 classes.

U18 can not register in U21 classes.

U18 and U21 and Masters can register in Senior classes.

Masters and Juniors can only enter one age division.

Disabled athletes can register in any class if the Classification Panel approve it.

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FEES:

Junior fee:	20,- EUR per class per arm
Senior fee:	40,- EUR per class per arm
Master fee:	40,- EUR per class per arm
Disabled fee:	20,- EUR per class per arm

Multiple entries means multiple fees paid according to the fees structure above.

For competitors with Individual IFA membership, additional membership fee 20,- EUR will be required!

Late registration means doubling the entry fees.

DRESS CODE – Competitors:

Team shirts are the property of national teams. National federations may decide what to put on them. IFA only requires that the name or logo of the country be placed on the back or front of the shirt. The competitor shirt may also have the National Association logo and country flag on them. The jersey may also have the player's name and surname (usually on the back). Sponsor logos can be placed freely. They cannot cover national country logo or name. **LONG** Sports Pants are also a requirement, **NO Shorts.**

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WEIGH-IN PROCEDURE:

Weigh-in days: starts at 9 am

Weigh in order will be published at least two day prior teams arrival.

Weigh in order depends on the exact date and time when Registration form is SENT online to the Organization committee.

Team captain has to be present during weigh in to manage his/her team and to be helpful to the weigh in staff.

Each competitor must have passport or ID with picture and country of residence with him/her during the weigh in procedure.

IMPORTANT NOTE:

Every puller has possibility to make official weigh in two times only.

To check weight a test scales will be provided near the weigh in room.

The second weigh in is possible in between other countries only.

The competitor can compete in his/her weight class or one class higher.

EVENT BADGES:

Every competitor and official is obliged to wear the official event badge all time during the IFA World Championships. Badges will be distributed to Team captains after Weigh-in is completed.

All officials with the team have to be present at Weigh-in to have photo for the badge.

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PLACE OF THE CHAMPIONSHIPS:

MCKiS Sport Hall

Grunwaldzka 80

43-600 Jaworzno, Poland



AIRPORT:

International Airport Katowice Pyrzowice (KTW)

40 minutes from the Sport hall



International Airport Kraków-Balice (KRK)

40 minutes from the Sport hall



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TRANSFER: AIRPORT-HOTEL-AIRPORT

Transport by **UBER, BOLT** cost about **30-50 euro**

VISA PROCEDURE:

For those of you who need an invitation to be able to get a visa please contact by e-mail:

anna@mazurenko.pl

In order to receive the invitation letter, the participants must send to e-mail the following information:

- First name / Last name / Date of birth / Passport No / Passport Expiring date
- Copy of passport is necessary for VISA requirements.

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Press office: pawel.podlewski@armpower.net

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HOTEL AND TRANSPORT INFORMATION:

Hotel Park Diament Katowice****

Wita Stwosza 37 str.,
40 - 042 Katowice, Poland

www.hotelediament.pl/en/hotels/park-hotel-diament-katowice/

Booking on password: Armwrestling

Reservation:

phone: +48 32 720 00 00.

e-mail: katowicepark@hotelediament.pl



Hotel reservation detline: 01-05-2024

Single room (with breakfast)	– 375 PLN (about 90 euro)
Double room (with breakfast)	– 445 PLN (about 105 euro)
Triple room (with breakfast)	– 515 PLN (about 120 euro)

Check-in time: from 2 p.m. on the day of arrival, check-out time: until 12 p.m. on the day of departure.

Distance to MCKiS Sports hall: car - 24 km, about 25 minutes

Distance to Airport Katowice Pyrzowice: car - 43 km, about 30-40 minutes

Distance to Airport Kraków-Balice: car - 65 km, about 40-50 minutes

- The organizer provides **free transport from the hotel to the MCKiS sports hall and back** (departure in the morning, return after the competition).
- **Hotel reservation detline 01/05/2024.** After this date, the hotel does not guarantee vacancies.

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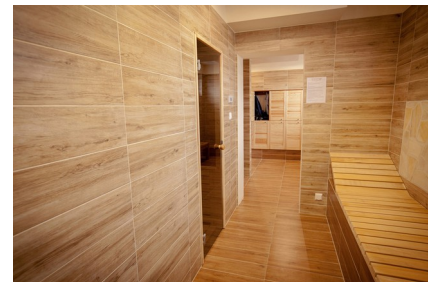
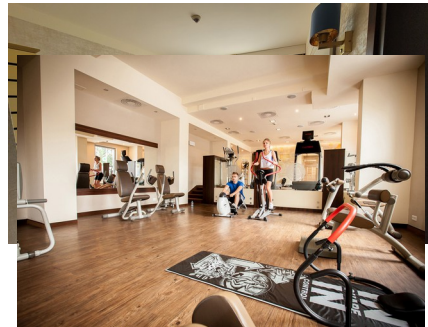
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Park Hotel Diament Katowice**** is a modern, air-conditioned business hotel located at the motorway A4 in the city centre.

- Near our hotel, about 3 minutes on foot, there is a new complex of swimming pools and saunas. This is an additional attraction that will appeal especially to the youngest, but not only.

- Spacious and modern hotel will live up to the expectations of even the most demanding guests.



Park Hotel Diament Katowice offers:

- 186 air-conditioned, well-appointed and comfortable rooms
- Complimentary Internet access in the rooms and all hotel areas
- Delicious cuisine in the Restaurant Atmosfera with a magnificent view onto the panorama of Katowice
- Lobby Bar
- Fitness Club & Sauna, massages
- spacious car park (50 zł/day)
- cash machine
- Stand for charging electric cars
- The fee for a pet is 50 zł/day.

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