



INVITATION

TO IFA EUROPEAN ARMWRESTLING CHAMPIONSHIPS 11 - 15 June 2026, Codlea, Romania

International Federation of Armwrestling (IFA), Federatia Arm Power (FAP) and City Codlea proudly invite you to the 2026 IFA European Armwrestling Championships. It will be open to the Federations that have joined, and to all individual members from countries without National Federation – member of IFA. The Championships will be doping controlled, and all divisions of junior, masters, seniors and disabled will be added. There will be no limit to number of athletes allowed from one nation in one category. National federations that have joined will be the only entity allowed to register athletes from their nation. Individual membership is only possible from nation slacking a National Federation – member of IFA.



International Federation of Armwrestling (IFA)
Hegibachstrasse 47
8032 Zurich, Switzerland



Codlea CityHall
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Codlea
Romania
Str. Lungă, nr.33



Federatia Arm Power
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Str. Izvor, nr.57

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ABOUT ROMANIA

Romania is a country located in southeastern Europe, at the crossroads of the continent's main historical and cultural routes. The country has a population of approximately 19 million inhabitants and borders Ukraine, the Republic of Moldova, Bulgaria, Serbia and Hungary, while also opening onto the Black Sea. The capital of Romania is Bucharest, one of the largest and most dynamic cities in Eastern Europe.



Romania is distinguished by its unique natural and cultural heritage. The Carpathian Mountains, the Danube Delta - one of the best preserved deltas in Europe - as well as the numerous medieval castles, fortified churches and traditional villages offer a unique and authentic landscape. Our country also has a rich history, influenced by the Dacian civilization, the Roman Empire and European cultural developments over the centuries. Romania is known for the hospitality of its people, its well-preserved folk traditions, its varied gastronomy and its important contributions in fields such as culture, science and sports. With its natural diversity, historical heritage and the open spirit of its population, Romania is a special place for organizing and hosting international sporting and cultural events.



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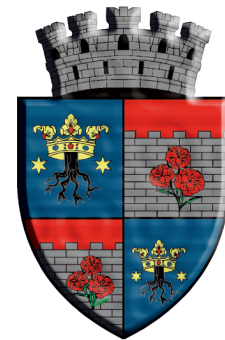
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ABOUT CODLEA

Codlea is located in central Romania, in Brașov County, in the historical region of Transylvania, approximately 15 km from Brașov and 25 km from Bran Castle (Dracula's Castle). With a population of approximately 20,000 inhabitants, Codlea is a municipality with an active community and a rich multicultural tradition. The history of the city dates back to the 13th century, when the Teutonic Knights built the Black Fortress (Schwarzburg) nearby, intended to defend the Land of Bârsa from invasions. The settlement of Codlea later developed around this fortification, which over time became an important commercial and craft center of the region. Over time, Codlea has stood out for its cultural and architectural heritage, among the important landmarks being the fortified evangelical church, one of the largest in Țara Bârsei, as well as the local traditions preserved by the Romanian, Saxon and Hungarian communities. Today, Codlea is a modern city, which harmoniously combines historical and cultural heritage with economic and tourist development, offering visitors a spectacular natural setting, authentic traditions and the hospitality characteristic of the local community.



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IMPORTANT DEADLINES:

Start of an ONLINE REGISTRATION	01-05-2026
VISA applications (email: anna@mazurenko.pl)	12-05-2026
Hotel and transfer reservations - end:	01-05-2026
End of an ONLINE REGISTRATION	31-05-2026

SCHEDULE OF THE CHAMPIONSHIPS:

THURSDAY, 11.06.2026

Teams arrival (all day)

FRIDAY, 12.06.2026 (At the AMBIENT HOTEL)

09:00 a.m - Classification and weigh in all (all categories)

12:00 a.m. - Referee seminar

05:00 p.m. - IFA Congress meeting

SATURDAY, 13.06.2026 (At the VENUE)

09:00 a.m - Opening ceremony - teams presentation

09:30 a.m - Left hand competitions

SUNDAY, 14.06.2026 (At the VENUE)

09:00 a.m - Right hand competitions

MONDAY, 15.06.2026 Teams departure (all day)



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WEIGHT and AGE CLASSES (Left & Right Hand):

JUNIOR UP 15 (Born 2011 or later):

Boys: - 57, 63, 78, +78 kg

Girls: - 55, 63, +63 kg

JUNIOR UP 18 (Born 2010 – 2008):

Boys: - 63, 70, 78, 86, +86 kg

Girls: - 63, 70, +70 kg

JUNIOR UP 21 (Born 2007 – 2005):

Men: - 63, 70, 78, 86, 95, +95 kg

Women: - 63, 70, +70 kg

SENIORS:

Men: -57, 63, 70, 78, 86, 95, 105, +105 kg

Women: - 52, 57, 63, 70, 78, +78 kg

MASTERS (Born 1986 – 1977):

Men: - 70, 78, 86, 95, 105, +105 kg

Women: - 63, 78, +78 kg

GRAND MASTERS (Born 1976 – 1967):

Men: - 70, 78, 86, 95, 105, +105 kg

Women: - 70, +70 kg

SENIOR GRAND MASTERS (Born 1966 – 1957):

Men: - 70, 78, 86, 95, 105, +105 kg

ULTRA GRAND MASTERS (Born 1956 and sooner):

Men: - 78, +78 kg

Women: - Open kg

DISABLED CLASSES

Physical Impairment Standing:

Men: - 65, 80, 95, +95 kg

Women: - 60, 65, +65 kg

Physical Impairment Sitting:

Men: - 55, 70, 86, +86 kg

Women: - 60, +60 kg

Junior 23

Physical Impairment Standing:

Men: - Open kg

Women: - Open kg

Junior 23

Physical Impairment Sitting:

Men: - Open kg

Women: - Open kg

Visual Standing:

Men: - 86, +86 kg

Women: - Open kg

Hearing Standing:

Men: - 70, 95, +95 kg



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TROPHIES:

INDIVIDUAL CLASSES:

1st, 2nd, 3rd places medal and diploma for all classes

TEAMS:

1st, 2nd, 3rd places medal and diploma for following classes:

- ALL Junior left and right hand classes men and women U15, U18, U21
- ALL Senior left and right hand classes men and women
- ALL Masters left and right hand classes men and women (Except UltraGM)
- ALL Disabled left and right hand classes men and women
- ALL CLASSES Junior, Senior, Masters, Disabled left and right hand, men and women

TEAM CLASSIFICATION AND POINTS DISTRIBUTION:

According IOC rules, team classification is based on gold, silver and bronze medals won by the team.

Points are not awarded for Ultra Grand Masters.

If two teams have the same number of gold, silver or bronze medals (depends on place), the following point system will be used:

1st place – 10 points	2nd place – 7 points	3rd place – 5 points
4th place – 4 points	5th place – 3 points	6th place – 2 points
7th place – 1 point		



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Registration will be available online at a later date.

Please email IFA for more information There are two ways of registrations

– TEAMS and INDIVIDUALS, TEAM REGISTRATION:

Whole team must be registered by the team's responsible official.

Member Countries Login procedure:

LINK: <http://register.armsportfederation.com>

LOGIN NAME and Password: Use login name and password sent to you

After successful login, the main screen will appear with following options at upper left corner: Events, My Team.

Register your Team as follows:

1. For new team members CLICK on MY TEAM and proceed to point 3
2. If all your team members are already in the system, proceed to point 5
3. The screen where you can add ALL your TEAM members appear.

Fill all fields:

First name, Last name, Gender, Para athlete, Birth date.

If possible, choose from proposed or add photo of your athlete.

When all is fine click on ADD ATHLETE

4. Repeat step 3. to all your NEW TEAM members.
5. Once you finish, click on EVENTS at upper left corner and choose
6. Click on REGISTER related to 5th IFA European Armwrestling Championships
7. The list of all your athletes appear on the screen with all available classes. Please choose and click to relevant classes for all of your athletes.
8. When all is DONE, click on SAVE REGISTRATIONS

You can go back and add/modify/delete athletes or classes until 31.05.2026

Once registration is completed please send an email to: marian.capla@armsportfederation.com

Then a payment notice will be issued and you may pay your duties via bank, Paypal or other online service.



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INDIVIDUAL REGISTRATION:

For athletes from countries with no official member federation an INDIVIDUALREGISTRATION must be emailed to Marian Capla.

They cannot register online. Please send email to marian.capla@armsportfederation.com with following details:

Name:

Surname:

Country:

Age group:

Weight classes:

Left/right hand: choose one or both hands

MULTIPLE ENTRIES REGISTRATION:

U15 athletes can not register in U18 and U21 classes.

U18 can not register in U21 classes.

U18 and U21 and Masters can register in Senior classes.

Masters and Juniors can only enter one age division.

Disabled athletes can register in any class if the Classification Panel approve it.



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FEES:

Junior fee: 25,- EUR per class per arm

Senior fee: 50,- EUR per class per arm

Master fee: 50,- EUR per class per arm

Disabled fee: 25,- EUR per class per arm

Multiple entries means multiple fees paid according to the fees structure above. For competitors with Individual IFA membership, additional membership fee 40,- EUR will be required!

Late registration means doubling the entry fees.

DRESS CODE – Competitors:

Team shirts are the property of national teams. National federations may decide what to put on them. IFA only requires that the name or logo of the country be placed on the back or front of the shirt. The competitor shirt may also have the National Association logo and country flag on them. The jersey may also have the player's name and surname (usually on the back). Sponsor logos can be placed freely. They cannot cover national country logo or name. LONG Sports Pants are also a requirement, NO Shorts.



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WEIGH-IN PROCEDURE:

Weigh-in days: starts at 9 am

Weigh in order will be published at least two day prior teams arrival.

Weigh in order depends on the exact date and time when Registration form is SENT online to the Organization committee.

Team captain has to be present during weigh in to manage his/her team and to be helpful to the weigh in staff.

Each competitor must have passport or ID with picture and country of residence with him/her during the weigh in procedure.

IMPORTANT NOTE:

Every puller has possibility to make official weigh in two times only. To check weight a test scales will be provided near the weigh in room. The second weigh in is possible in between other countries only. The competitor can compete in his/her weight class or one class higher.

EVENT BADGES:

Every competitor and official is obliged to wear the official event badge all time during the IFA World Championships. Badges will be distributed to Team captains after Weigh-in is completed. All officials with the team have to be present at Weigh-in to have photo for the badge.



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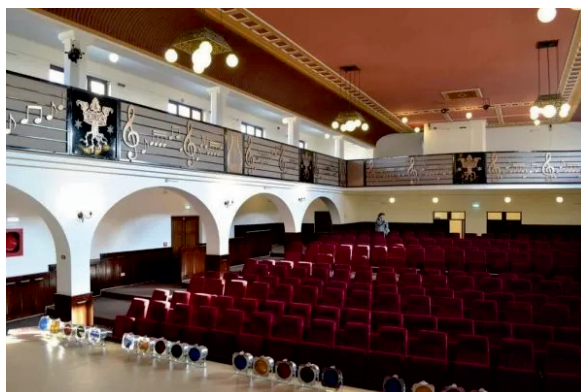
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PLACE OF THE CHAMPIONSHIPS:

Casa de Cultură a Municipiului Codlea

Str. Lungă, nr. 108,
Codlea, jud. Brasov
Romania



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VISA PROCEDURE:

For those of you who need an invitation to be able to get a visa please contact by e-mail: anna@mazurenko.pl

In order to receive the invitation letter, the participants must send to e-mail the following information:

- First name / Last name / Date of birth / Passport No / Passport Expiring date
- Copy of passport is necessary for VISA requirements.

AIRPORT & TRANSPORT:

International Airport OTOPENI
(minim 3 hours from the Event Hall)

Transport from **AIROPORT OTOPENI** costs **50 euro**

**AEROPORTURI
BUCUREȘTI®**



International Airport BRASOV
(10 minutes from the Event Hall)



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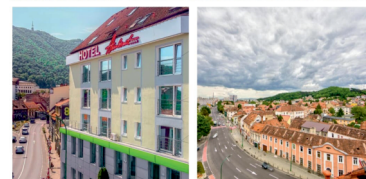
HOTEL AND TRANSPORT INFORMATION:

HOTEL AMBIENT 4* / Iuliu Maniu 27 / rezervari@hotelambient.ro / www.hotelambient.ro :

comfort double room 3* at	81 euro/night/room
deluxe double room 4* at	104 euro/night/room
single room 4* at	99 euro/night/room
executive double room 4* at	117 euro/night/room

Price includes :

- all taxes
- breakfast buffet from 7am to 10am and on Sundays from 8am to 11am
- parking, daily in front of hotel & underground parking garage
- high speed wired and wireless internet access in every room & wireless in public areas
- Ambient Spa access (fitness, sauna, jacuzzi) for guests at the 4* wing
- increased value provided by our partners through Ambient Exclusive



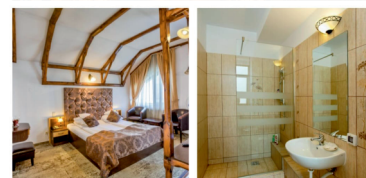
PENSIUNE AMBIENT 3* / Iuliu maniu 62 //

rezervari@pensiuneambient.ro / www.pensiuneambient.ro :

double room at 70 euro/night/room

Price includes :

- all taxes
- breakfast buffet from 7am to 11am and on Sundays from 8am to 11am
- parking, daily in front of the pension
- high speed internet access in every room
- increased value provided by our partners through Ambient Exclusive



For email bookings you can write us at booking@ambienthotels.ro specifying , **PromoCode: Armwrestling** and the property where you would like to stay. Attached you will find a map with the displacement of our propertie. Also you can book direct by using PromoCode on our websites .



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HOTEL AND TRANSPORT INFORMATION:

RESIDENCE AMBIENT 3 * / Castanilor 3 / rezervari@residenceambient.ro / www.residenceambient.ro :

double room at 53 euro/night/room

apartment (bedroom + living) at 63 euro/night/room

Price includes :

- all taxes
- high speed wireless internet in every room & public areas
- fully equipped kitchen for the guests use
- 2 breakfast saloons
- increased value provided by our partners through Ambient Exclusive Public parking is available in front of Ambient Residence at 4 euro / day / car.

For breakfast we offer you the following options:

- buffet breakfast at Ambient Pension at 8 euro/person/day



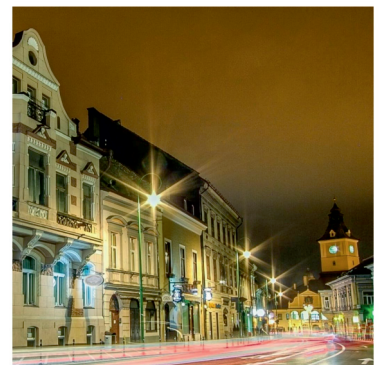
RESIDENCE Central Annapolis 3* / Gheorghe Baritiu 18 / reservations@residencecentral.ro /www.residencecentral.ro :

double room starting at 60 euro/night/room

Price includes :

- all taxes
- buffet breakfast served in the nearby vicinity
- high speed wireless internet in every room & public areas
- increased value provided by our partners through Ambient Exclusive

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Transport from Hotel - Event Hall - Hotel is **FREE**



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ORGANIZATIONAL COMMITTEE:

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contact@ifa-armwrestling.com



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